

The College Student's Guide to Cleaning

# Moving Checklist

Whether you're moving into dorm life or leaving for off-campus housing, our cleaning guide will ensure your accommodations are spotless from top to bottom.



While it may seem obvious, there are big differences between cleaning and disinfecting.

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**Clean** to remove dirt from the surface, using an all-purpose cleaner or soap and water.

**Disinfect** to kill germs.

*Important Tip*: Read the disinfectant label prior to using. Pay attention to how long it needs to remain on the surface to ensure effectiveness.

### **CLEANING CHECKLIST**

#### **ROOM FEATURES:**

**Door handles** 

□ Clean □ Disinfect

### **Light switches**

□ Clean □ Disinfect

### Floors

□ Vacuum or sweep, starting from the farthest corner and working toward the exit.

### **Bed Mattress**

Vacuum and clean, consider disinfecting to get rid of dust mites, then top with a mattress cover and sheets.





### **FURNITURE:**

**Desk/Tables and chairs** 

□ Clean □ Disinfect

### **Bed frame**

□ Clean □ Disinfect

**Drawers and shelves** 

□ Clean □ Disinfect

### Couch/Seating

- □ Vacuum cushions and under cushions to remove dust and debris.
- If you have a hand-held garment steamer, use it to kill dust mites and remove stains. Alternatively, you can gently steam with an iron's steam function.

# Move-In/Out Cleaning Tips



## Cleaning Kit Checklist

### **DORM / COMMON SPACES**

- □ Disinfecting spray or wipes
- □ All-purpose cleaner
- □ Glass and window cleaner
- □ Small vacuum
- Paper towels or microfiber cloth
- □ Hand sanitizer
- **KITCHEN/KITCHENETTE**
- □ Dish soap
- □ Sponge
- □ Dishwasher detergent

BATHROOM

- $\Box$  Hand soap
- □ Toilet bowl cleaner
- □ Shower cleaner

LAUNDRY

- □ Laundry detergent
- □ Fabric softener or dryer sheets
- □ Stain remover
- □ Bleach

\*Remember, use all products as directed on the label.

### (continued)

### **KITCHEN AND BATHROOM**

Living in a larger space with a kitchen or bathroom? Be sure to follow these cleaning steps when tackling each room.

### IN THE KITCHEN/KITCHENETTE:

- □ Clean and disinfect countertops, cabinets, sinks, backsplashes, and surfaces.
- □ Clean oven with an oven cleaner.
- □ Wipe down refrigerator walls and shelves using a nonabrasive, all-purpose cleaner.
- **Run an empty cleaning cycle in dishwasher.**

### **IN THE BATHROOM:**

Disinfect sink areas, toilet bowls, tubs, and showers to kill germs, as well as mold and mildew.

## **MOVING OUT!**

Don't overlook these important steps when moving out of your housing. If renting, you want to get that security deposit back!

### ✓ Take out all trash.

- Remove nails from the walls and patch up any holes with putty. Repaint if needed.
- Ensure you haven't left any personal furniture or items behind. Remember to clear out the refrigerator and all cabinets and closets!